# K & J CONVOY

A Newsletter for the Drivers of K & J Trucking, Inc.



Here is Larry Schumacher showing off his new K&J belt buckle for 20 years of service!

#### AUGUST ANNIVERSARIES

AARON HATFIELD - 6 (7 YRS)
BILLY BOESE - 11 (5 YRS)
ZAC MINDER - 12 (8 YRS)
MICHAEL ANDACHTER - 12 (3 YRS)
RICHARD DAMM - 16 (23 YRS)
CHALO FLORES - 16 (5 YRS)
BONNIE HENDRIKS - 19 (9 YRS)
DON WEIDEMAN - 20 (3 YRS)
JOSH BECKER - 25 (13 YRS)
LARRY DEWALD - 29 (5 YRS)

#### AUGUST BIRTHDAYS

ROBERT HAMILTON - 1 JAYCE FELDMANN- 19 KEITH HARMON - 19 JAKE CONSTANT - 25

## **Quick Truck Stop Snack Ideas**

Snacking gets a bad rap, but healthy (non-sugary) snacks can actually help regulate your blood sugar by preventing deep crashes.

In a perfect world, you could plan ahead and purchase your snacks in bulk when you visit a grocery store, but in reality you are often looking for a quick snack at the truck stop. Here are a few healthy options to try on your next trip!

- Nuts
- Cheese
- Beef Jerky
- Fresh Fruit (apples, melon, etc.)
- · Quest Bars
- · KIND Bars
- RX Bars
- · Pickles
- · Hummus snack packs
- · Greek Yogurt
- · Hard boiled eggs

### Stinky Fridge, Drained Battery

Help us help you avoid a stinky mess. If you're in for more than 2 days, please shut off your fridge and clean it out. The fridge will run down the battery which will cause you issues when you want to get back on the road, and shorten the life of the battery over time. This just isn't worth the cost in both time and money.



### A Note From Dispatch

Good August Everyone! It's almost over. Time to get those summer plans in before it wraps up. As I write this, I think most everyone is! There are quite a few drivers off the first week of August here. Outbound has been feeling it. In one week we went from an abundance of trucks, to just barely scraping by and not being able to cover our commitments with Tyson. Ah, the ever changing world in which we live in.

I believe our new dispatcher search should be getting wrapped up next week. We have a job offer out, and should know more soon and will make that announcement when it's confirmed.

We're growing with Showplace Cabinets. Beginning mid-August, we will be up to 14 weekly loads with them, with a mix of long loads and short loads. Many of our drivers have enjoyed hauling these so when Showplace asked, we couldn't help but say yes. I fill these by identifying when a load needs to leave, and looking at the outbound board to see who may be available. If you're on the list, you will like be asked if you would like to haul one. Say no if you are opposed, give it a try if you don't know. If you don't like it after hauling one, no problem, let us know.

Please inspect your trailers inside when empty, we're getting a lot of trailer damage unreported! And of course, inspect the outside and inside (if applicable) on drop and hooks.

Thanks

Mike & Wisportch

#### **INSPECT YOUR TRAILERS!!!!**

The outside and inside of trailers **need to be examined** when picking up, and when empty before leaving the facility. Damage, if any needs to be reported to K&J unless it has been marked on the trailer with the K&J sticker. This HAS to be done before you leave the facility where you find the damage.

Unless you make it known to the facility you will become responsible for the cost of the repair or the deductible if you are an owner operator or fleet driver. All company drivers will lose a portion of your bonus if you fail to report damage.

Remember that at most facilities the guards are **not** employees of the facility, they are a 3rd party hired to do a job, so reporting it to them does not qualify.

Here is a reminder of our trailer damage reporting process.

The trailer damage needs to be reported to the Safety Department immediately. If after hours, you can leave a voice mail message on extension #231, send an ELD message or send a text message with the following information.

- · Driver name
- Trailer number
- · Describe damage
- · Location you picked up trailer
- · Date and time of pick up
- · Date and time you are calling
- Photos taken with cell phone or other means of many angles of the problem area and surrounding area

